

The cold season is good for viruses

Some viruses can spread better during this season. And we once again spend more time indoors. As with the flu jab, the coronavirus vaccine should therefore, where possible, be given in autumn.





Two vaccinations, one appointment

If the coronavirus booster and the annual flu jab are recommended for you, you can get vaccinated against both in one appointment.

Why get vaccinated?

The risk of serious illness is significantly reduced if you are still up to date with your vaccinations. The protection against severe illness conferred by the coronavirus vaccination is strongest during the first few months after the vaccination, after which it gradually decreases. That is why certain groups of people are recommended a booster, in most cases ensuring at least 12 months have passed since previous infection or vaccination.



Vaccination recommendation: COVID-19 booster

The Standing Committee on Vaccination (STIKO) recommends a coronavirus booster for the following groups of people:



People aged 60 or over



People aged 6 months or over at increased risk on account of underlying illnesses





Family members of or people in close contact with people at high risk



Residents of long-term care facilities



Medical and care staff in direct contact with patients



More information

Even if you do not belong to one of the risk groups listed, getting vaccinated could make sense. For more information, contact your local GP or pharmacy today.



