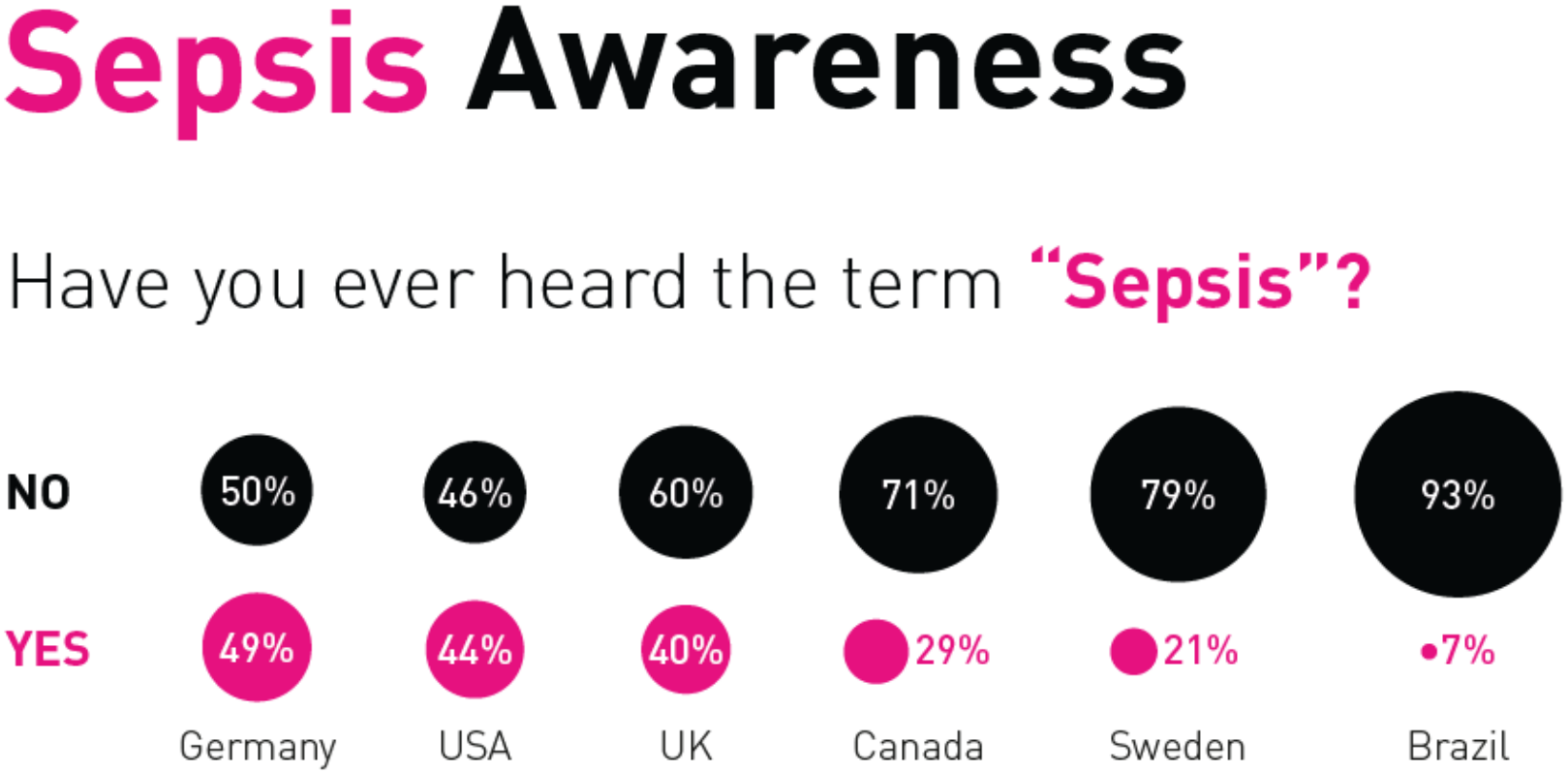
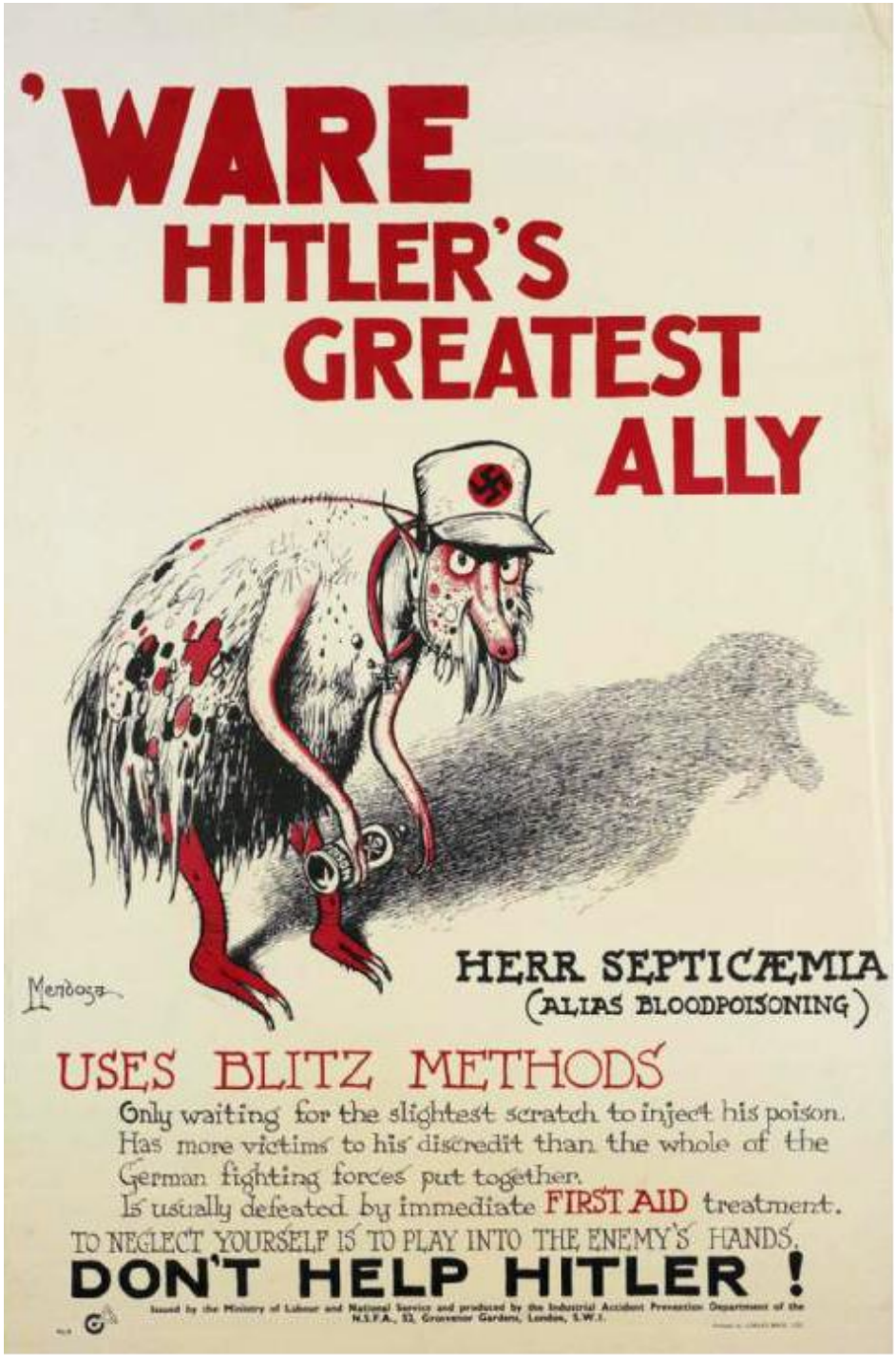
stop sepsis save lives

The special problem of sepsis: how to prevent and to recognize it

K. Reinhart ML
Chairman Global Sepsis Alliance

The majority of poeple have not heard the term sepsis in 2013





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September 13 2016 | World Sepsis Day

Clinical Review & Education

Special Communication | CARING FOR THE CRITICALLY ILL PATIENT

The Third International Consensus Definitions for Sepsis and Septic Shock (Sepsis-3)

Mervyn Singer, MD, FRCP; Clifford S. Deutschman, MD, MS; Christopher Warren Seymour, MD, MSc; Manu Shankar-Hari, MSc, MD, FFICM; Djillali Annane, MD, PhD; Michael Bauer, MD; Rinaldo Bellomo, MD; Gordon R. Bernard, MD; Jean-Daniel Chiche, MD, PhD; Craig M. Coopersmith, MD; Richard S. Hotchkiss, MD; Mitchell M. Levy, MD; John C. Marshall, MD; Greg S. Martin, MD, MSc; Steven M. Opal, MD; Gordon D. Rubenfeld, MD, MS; Tom van der Poll, MD, PhD; Jean-Louis Vincent, MD, PhD; Derek C. Angus, MD, MPH

"Sepsis is the primary cause of death from infection,especially if not recognized and treated promptly.Its recognition mandates urgent attention."

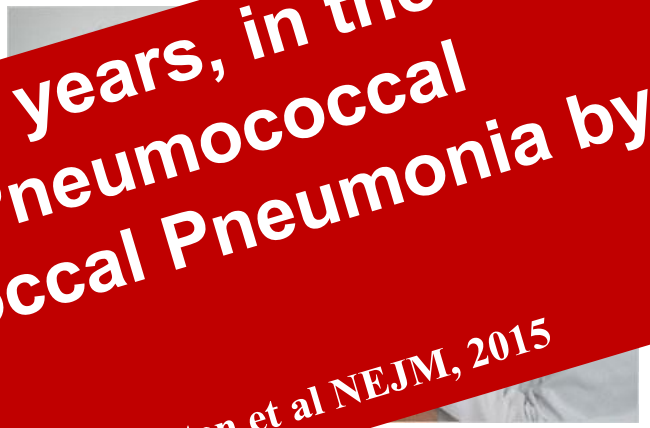
It must become common knowledge that

Sepsis can be **prevented** by **vaccination** and **clean care**

GSA
GLOBAL SEPSIS ALLIANCE

Vaccination must also become standard for the adult at risk population

- Elderly above age 60
- Healthcare pe
- Pre
- C ng, heart, liver and renal disease
- Chronic alcoholism



Vaccination of 85,000 adults ≥65 years, in the Netherlands reduced Invasive Pneumococcal Disease/Sepsis and Pneumococcal Pneumonia by 75% and 45% respectively

M. Bonten et al NEJM, 2015

Report by the National Confidential Enquiry into Patient Outcome and Death – 2015 in UK

Sepsis is important because it is a major cause of avoidable death in our hospitals.

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Between 20-50 percent of patients admitted to hospitals in the UK are diagnosed and treated too late

Just Say Sepsis!
A review of the process of care received by patients with sepsis

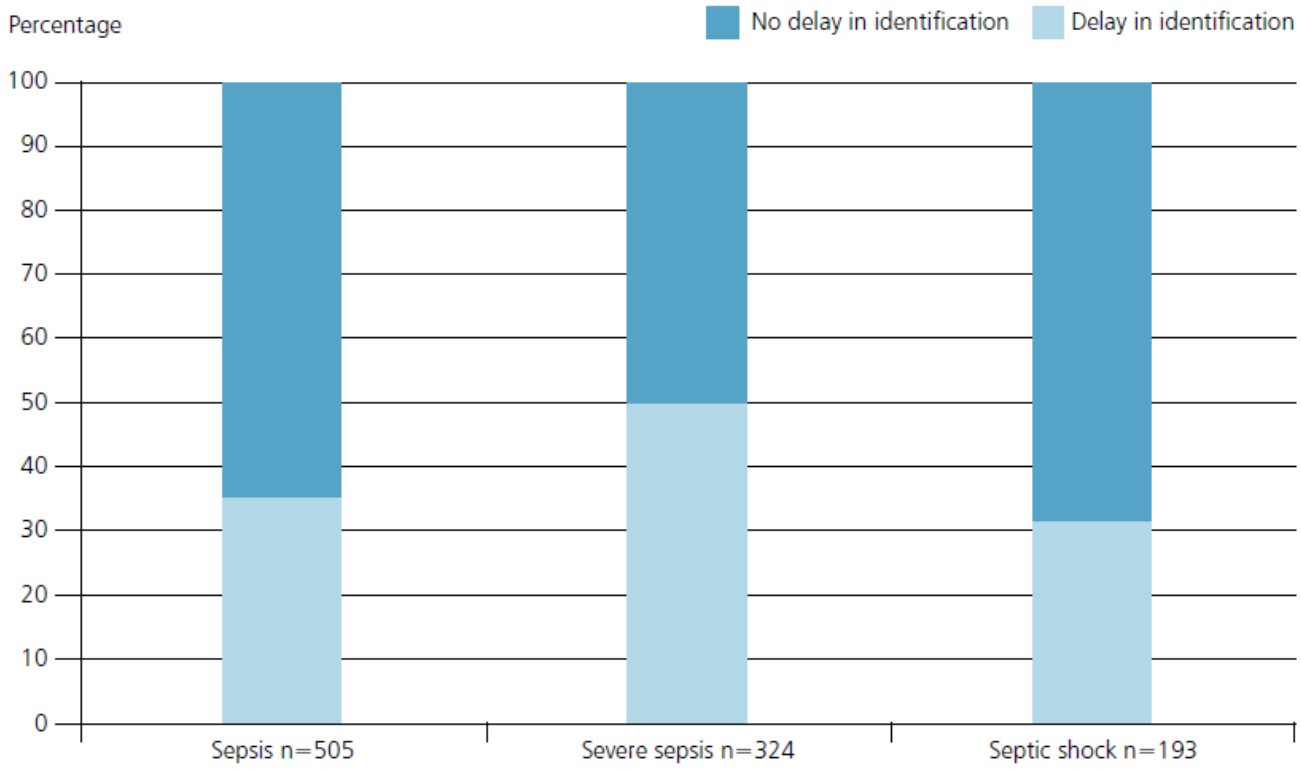

Figure 6.1 Delay in identifying sepsis, severe sepsis and septic shock – Reviewers' opinion

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National Confidential Enquiry into Patient Outcome and Death (2015)

ORIGINAL ARTICLE

Assessment of Global Incidence and Mortality of Hospital-treated Sepsis

Current Estimates and Limitations

Carolin Fleischmann[1,2], André Scherag[3], Neill K. J. Adhikari[4], Christiane S. Hartog[1,2], Thomas Tsaganos[5], Peter Schlattmann[6], Derek C. Angus[7*], and Konrad Reinhart[1,2*]; on behalf of the International Forum of Acute Care Trialists

Global estimates of hospital treated sepsis cases/year 30.7 million

American Journal of Respiratory and Critical Care Medicine Volume 193 Number 3 | February 1 2016

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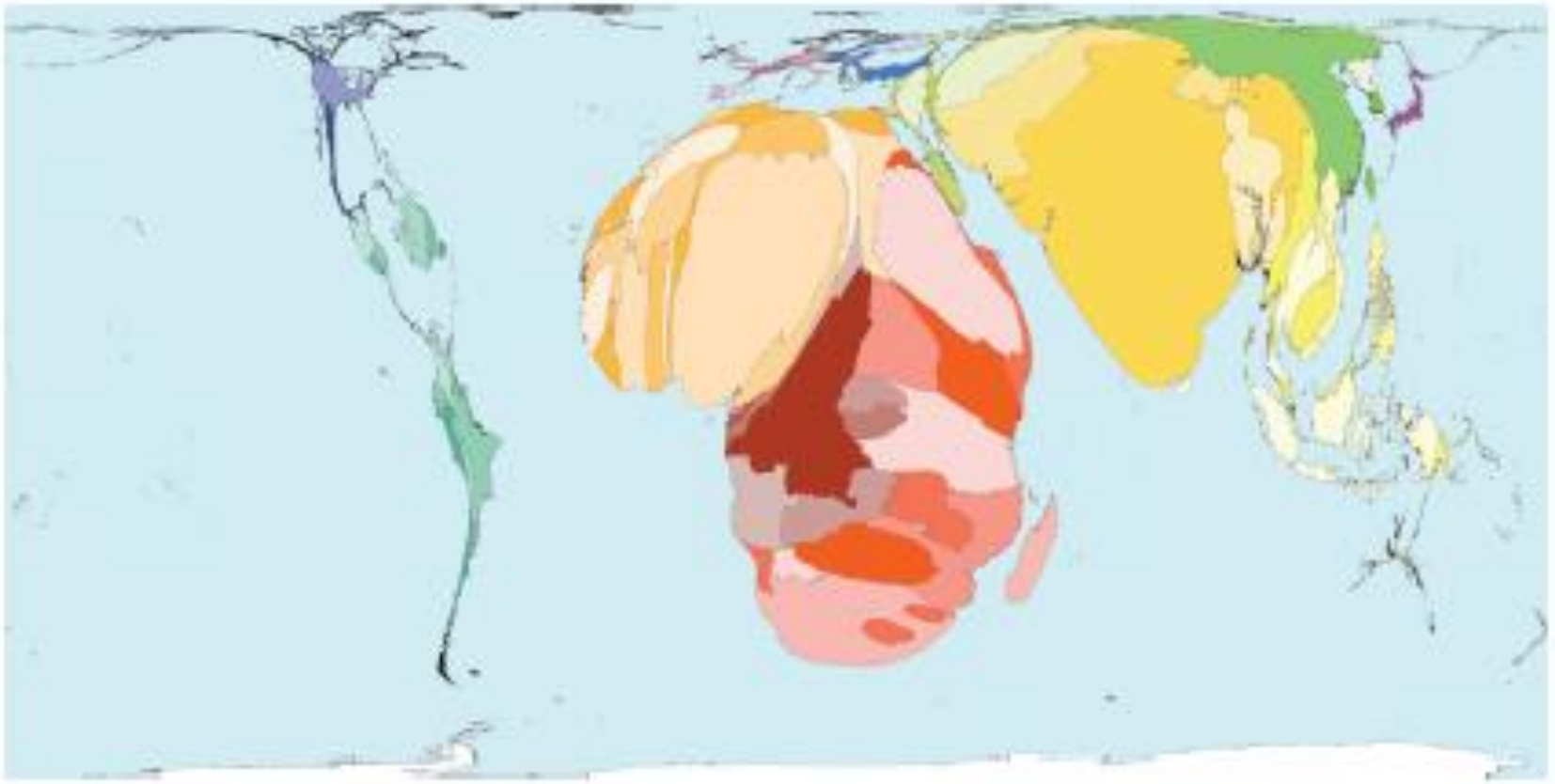
Global Deaths from Infectious Diseases mostly occur in ressource poor countries



www.world-mapper.org

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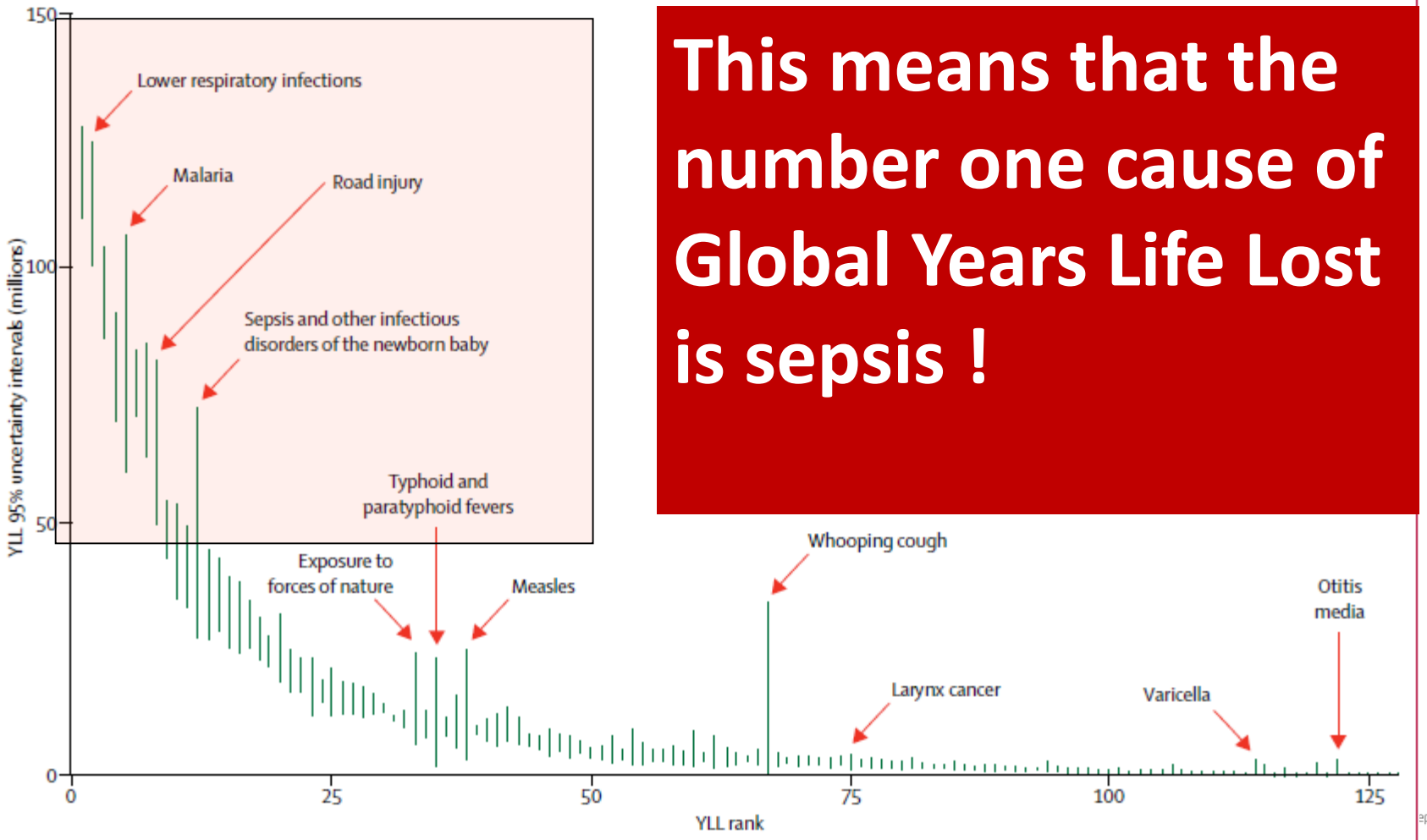
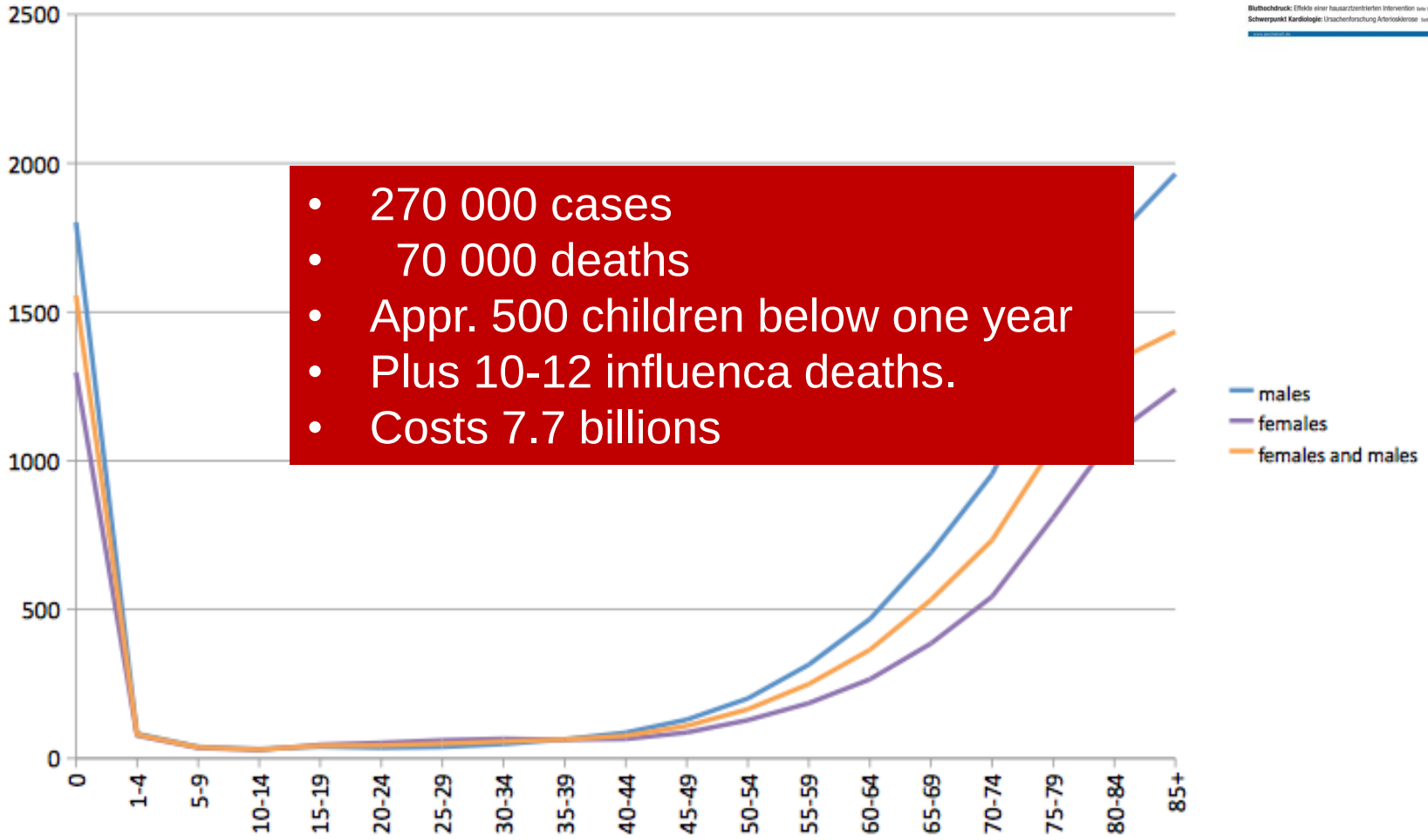
Lower respiratory tract infections are the number one cause of Global Years of Life Lost:



This means that the number one cause of Global Years Life Lost is sepsis !

Lozano R et al Global and Regional Mortality…, Lancet 2012

Highest Incidence in Neonates, Newborns and the Elderly



- 270 000 cases
- 70 000 deaths
- Appr. 500 children below one year
- Plus 10-12 influenca deaths.
- Costs 7.7 billions

World Sepsis Day

Fleischmann et al DÄB 2016

stop sepsis save lives

Globally sepsis is more common than heart attacks and kills more people than any cancer !

GSA
GLOBAL SEPSIS ALLIANCE

SEPSIS KILLS program:

reduce preventable harm to patients with sepsis

RECOGNISE:

Risk factors, signs and symptoms of sepsis and inform senior clinician

RESUSCITATE:

With rapid antibiotics and IV fluids within one hour

REFER:

To specialist care and initiate retrieval if needed

Surviving Sepsis Campaign: International Guidelines for Management of Severe Sepsis and Septic Shock: 2012

R. Phillip Dellinger, MD[1]; Mitchell M. Levy, MD[2]; Andrew Rhodes, MB BS[3]; Djillali Annane, MD[4]; Herwig Gerlach, MD, PhD[5]; Steven M. Opal, MD[6]; Jonathan E. Sevransky, MD[7]; Charles L. Sprung, MD[8]; Ivor S. Douglas, MD[9]; Roman Jaeschke, MD[10]; Tiffany M. Osborn, MD, MPH[11]; Mark E. Nunnally, MD[12]; Sean R. Townsend, MD[13]; Konrad Reinhart, MD[14]; Ruth M. Kleinpell, PhD, RN-CS[15];

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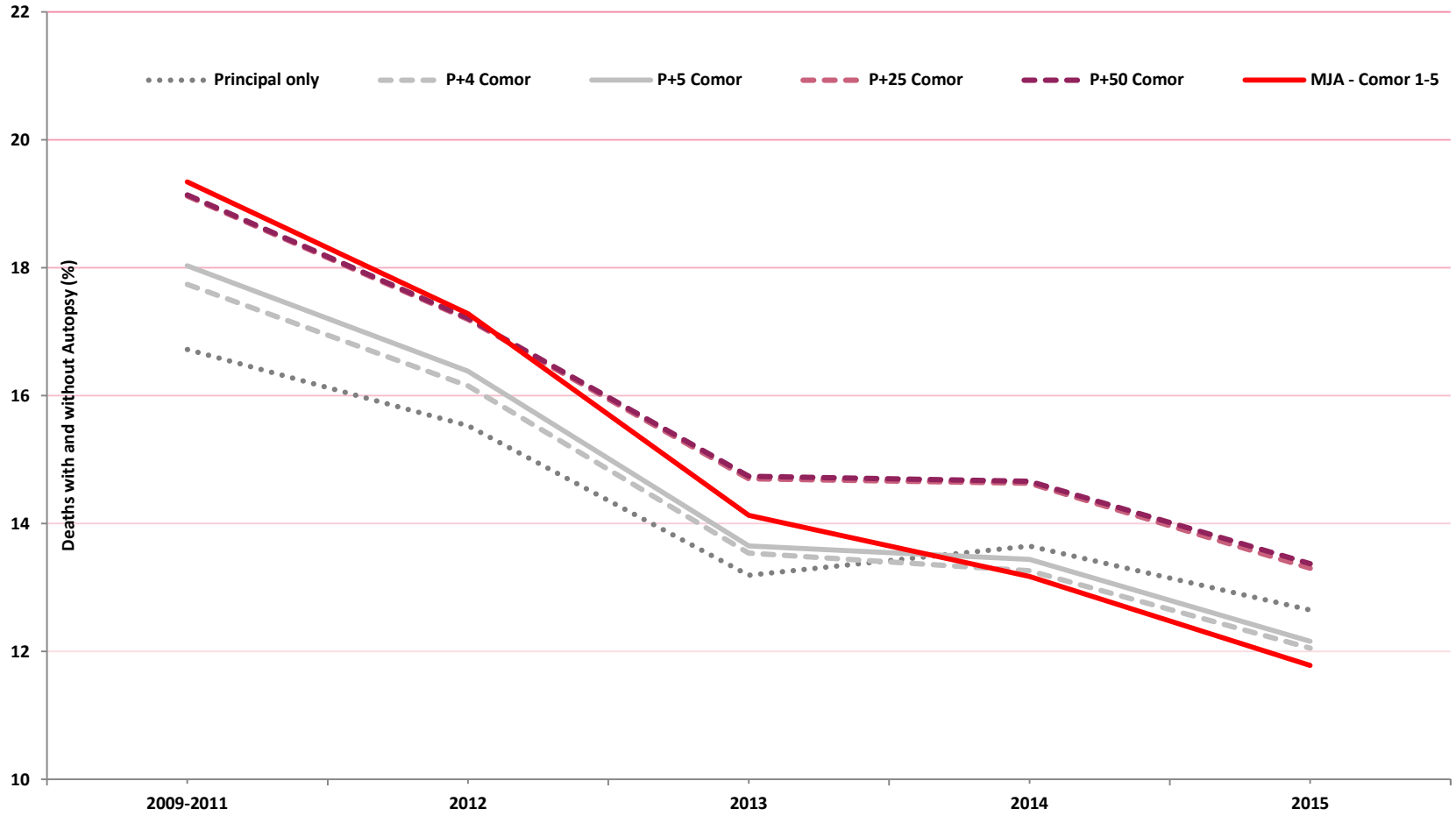
Bethesda Hospital

NSW hospital sepsis mortality

stop sepsis save lives



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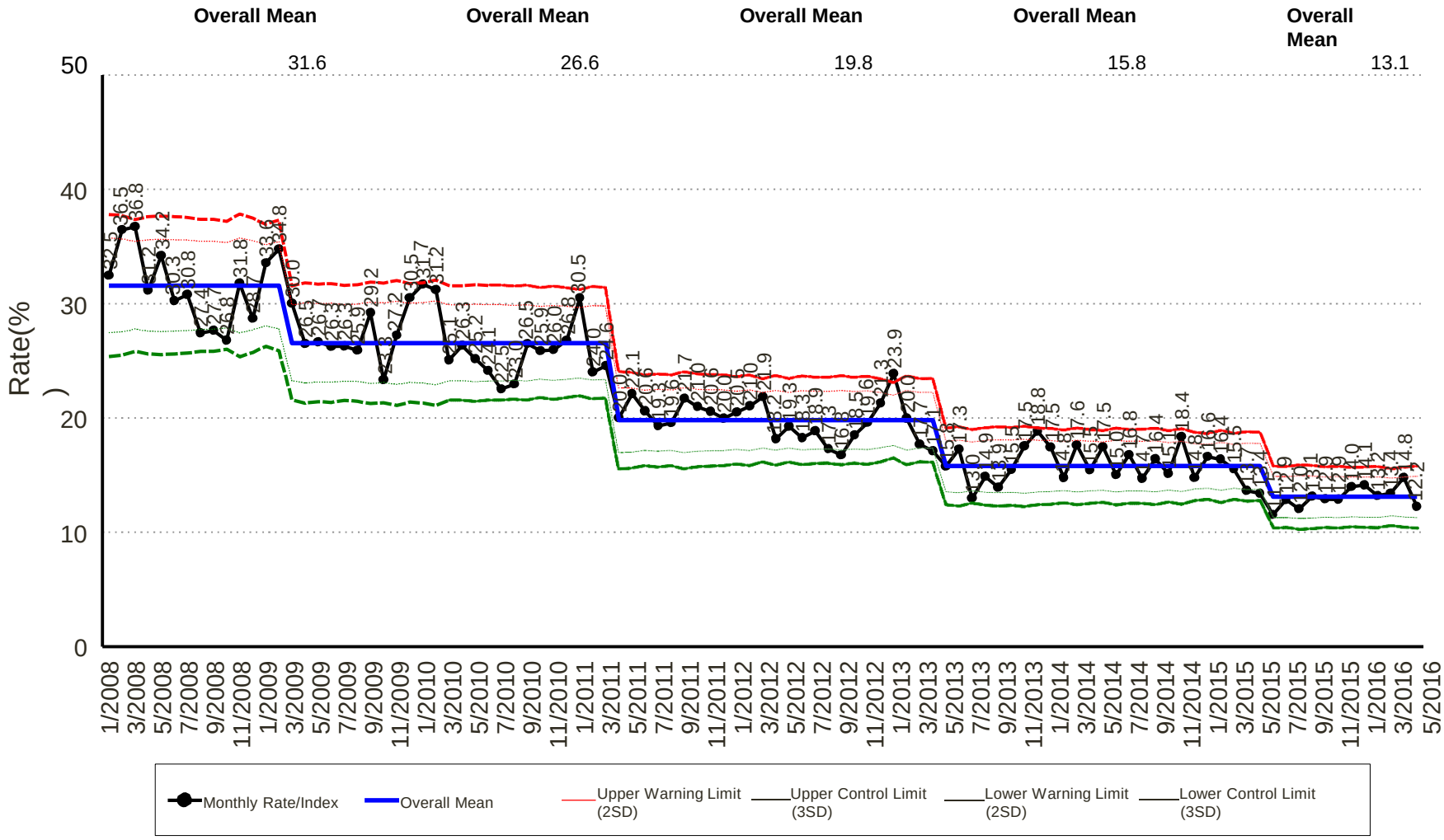
Northwell Health

Raw Sepsis and Severe Sepsis/Septic Shock Mortality Rate

January 2008 - May 2016



Note: Sepsis and Severe Sepsis/Septic Shock discharges based on the following secondary ICD-9 codes: 99591 (Sepsis). 99592 (Severe Sepsis). 78552 (Septic Shock) is a subset of 99592 and is included in this report. The following ICD-10 codes for Sepsis, Severe Sepsis and Septic Shock are included after September 2015: 'A400','A401','A403','A408','A409','A4101','A4102','A411','A412','A413','A414','A4150','A4151','A4152','A4153','A4159','A4181','A4189','A419','A427','A5486','A021','A227','A267','A327','B377','R6520','R6521'. Excludes patients under 18 years of age.

Data Source: Hospital Billing System Copyright © 2016, Krasnoff Quality Management Institute Data as of: August 17, 2016

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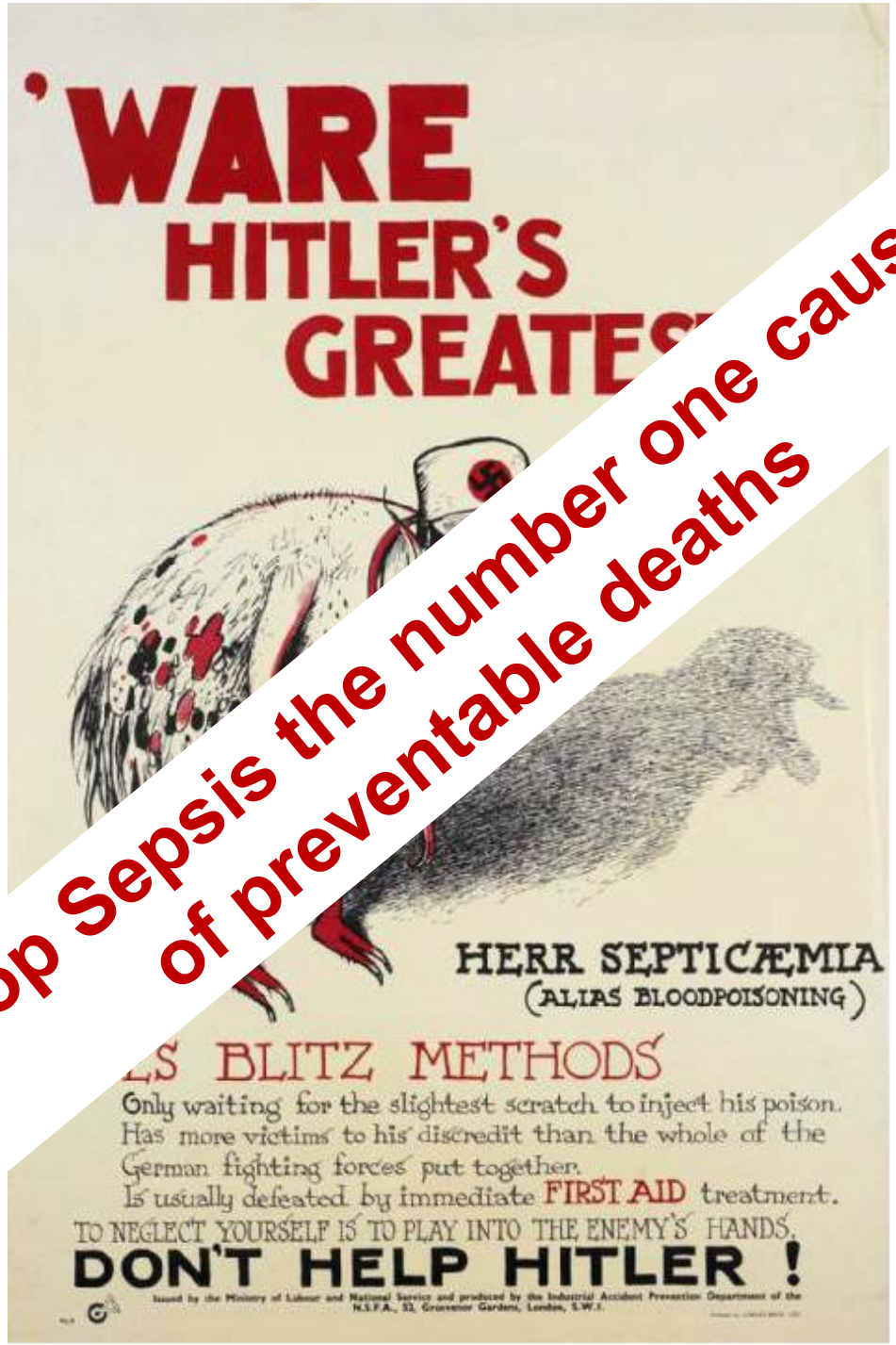
Development of Sepsis Mortality

- Australia: 2000-2012 from 35% to 18.5%
- England: 2000-2012 from 45.5% to 32.1%
- USA: 2003-2007 from 37 % to 29%
- Germany: 2003-2013 from 47,8% to 43,6%

Necessary Steps to Achieve the Goals of the WHA Resolution on Sepsis

- Foster the collaboration with between the GSA and WHO
- Achieve adequate representation if sepsis in the GBDR
- Encourage national governments for national action plans:
  - Sepsis awareness campaigns
  - Sepsis mortality as quality indicators
  - National reporting of incidence and mortality
  - Promotion of certified facilities for acute and longterm care
  - Support of research for innovative diagnostics and therapeutics



Stop Sepsis the number one cause of preventable deaths

stop sepsis save lives

September 13 World Sepsis 2014 Day

stop
sepsis
save
lives

September 13 2014 World Sepsis Day

stop sepsis save lives

This report identified sepsis as a primary cause of preventable deaths !

Patient safety
looking = learning = acting

SEPSIS KILLS
RECOGNISE · RESUSCITATE · REFER

September 13 2016 World Sepsis Day

Increase in Sepsis Awareness 2013-2016

- USA 44% to 55%
- UK 40% to 60%
- Germany 49% to 62%

stop sepsis save lives

September 13 2016 World Sepsis Day

News

NHS unites to tackle sepsis

23 November 2016 - 10:20

Professor Sir Bruce Keogh, NHS England Medical Director, has issued a rallying call to healthcare professionals across the country to focus on improving early recognition and timely treatment of sepsis.

At an event in London last night and ahead of a major new public awareness campaign delivered in collaboration with the UK Sepsis Trust, he set out the work that has been done so far to help nurses and doctors to recognise and treat sepsis and what more can be done to reduce deaths from sepsis.

Since April 2015 the number of people screened for sepsis has significantly increased, and it is now being diagnosed and treated quicker than ever before. However, one in four acutely ill patients is still not being

CDC Launches Report & Awareness Initiative

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"Sepsis is the primary cause of death from infection,especially if not recognized and treated promptly.Its recognition mandates urgent attention "

Sepsis is a life-threatening condition that arises when the body's response to an infection injures its own tissues and organs

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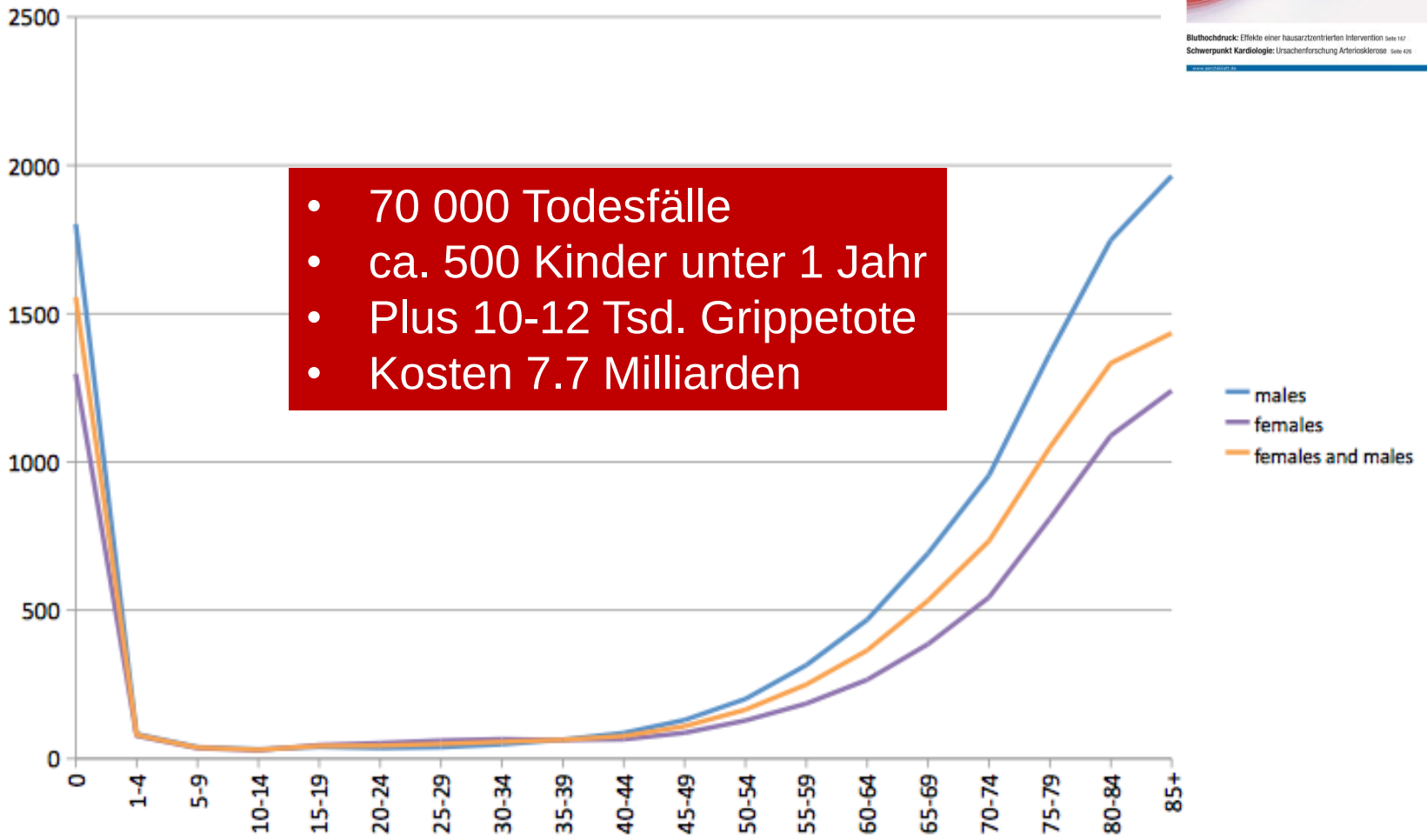
Früh- und Neugeborene sowie Ältere sind besonders stark betroffen



- 70 000 Todesfälle
- ca. 500 Kinder unter 1 Jahr
- Plus 10-12 Tsd. Grippetote
- Kosten 7.7 Milliarden

World Sepsis Day

Fleischmann et al DÄB 2016

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WHO / WHA / Sepsis Resolution – Opportunities & Challenges

K. Reinhart ML
Chairman Global Sepsis Alliance

Strategy for 2017- 2020

- Foster the collaboration with WHO to achieve the requests of the resolution
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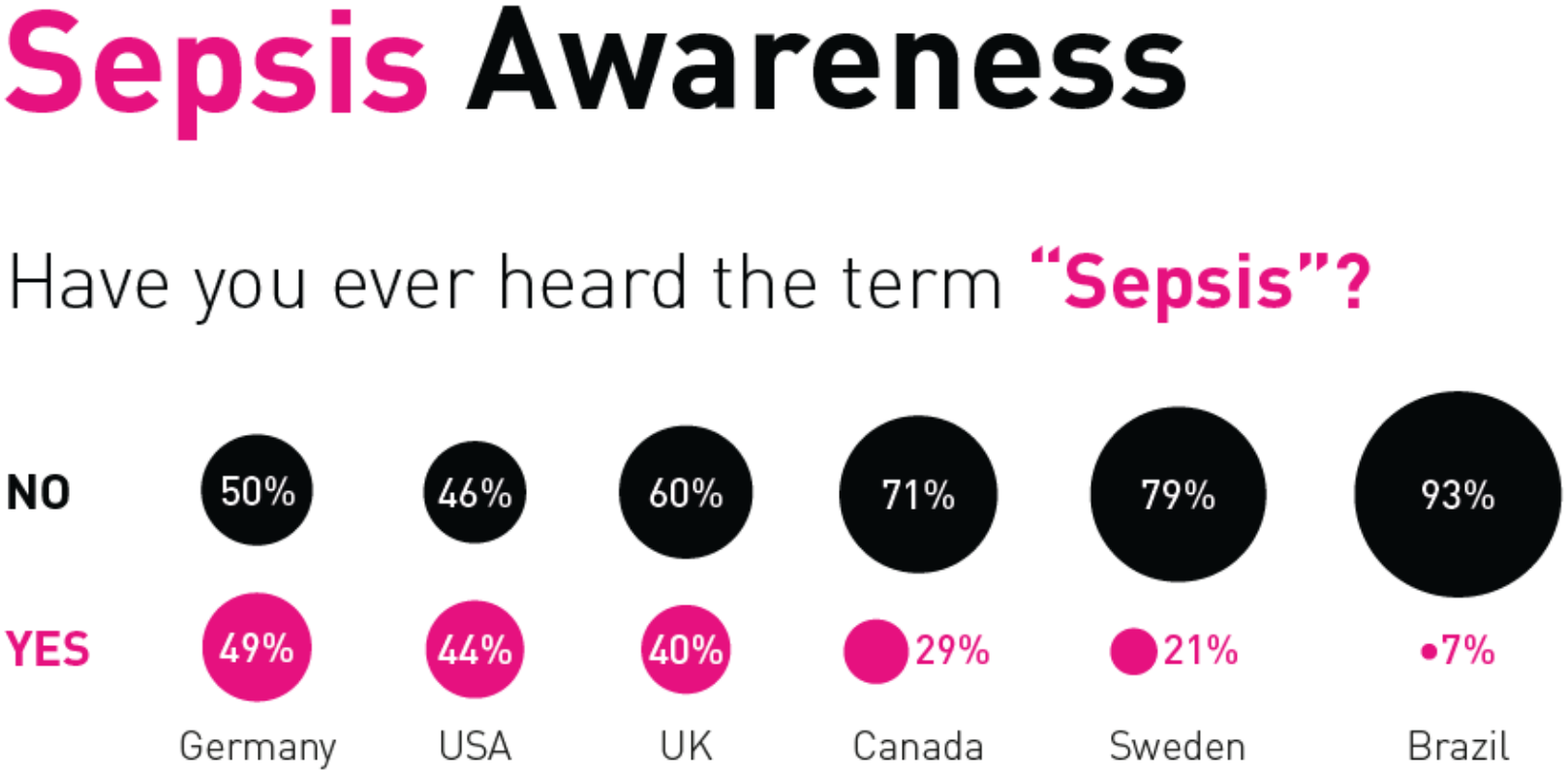

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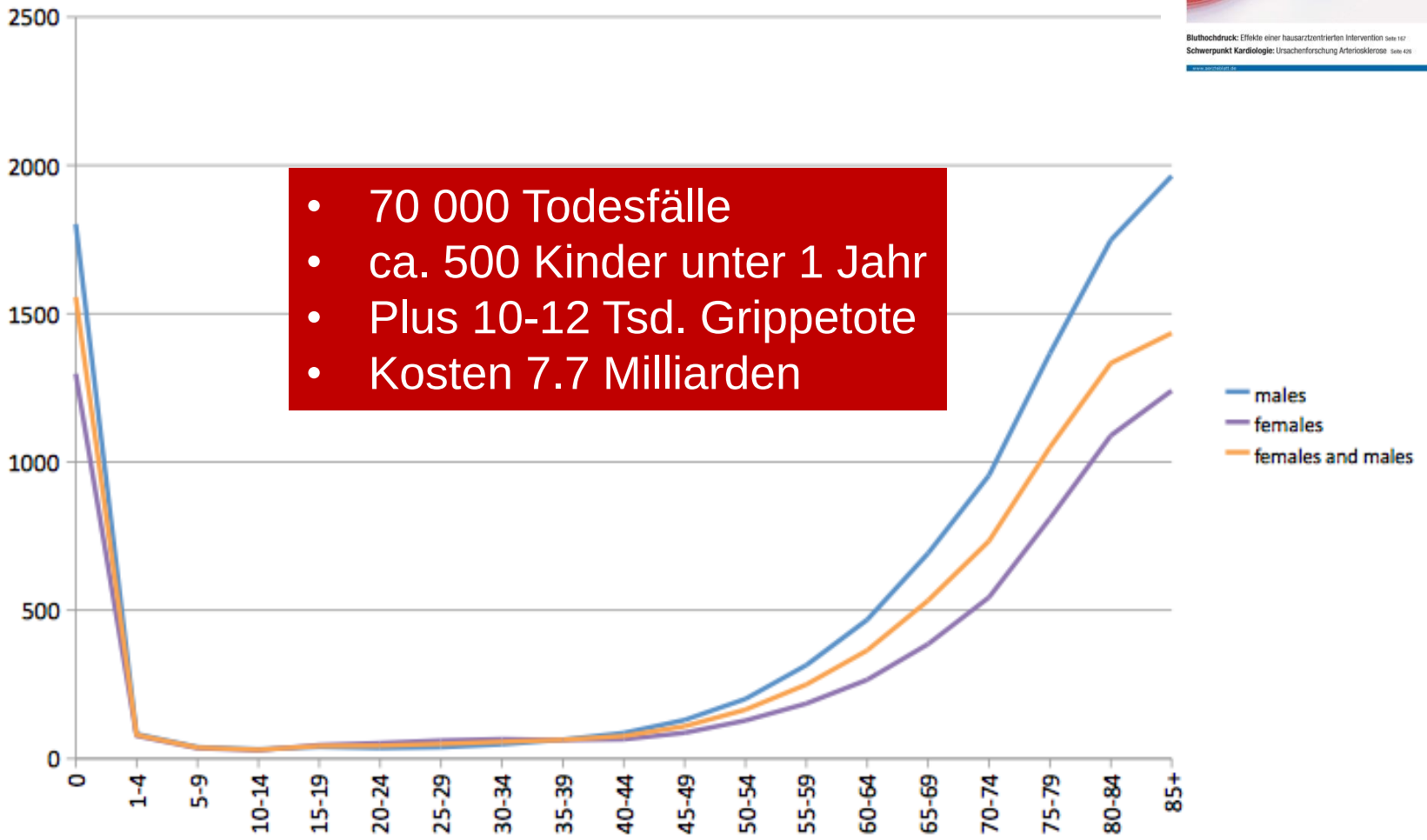

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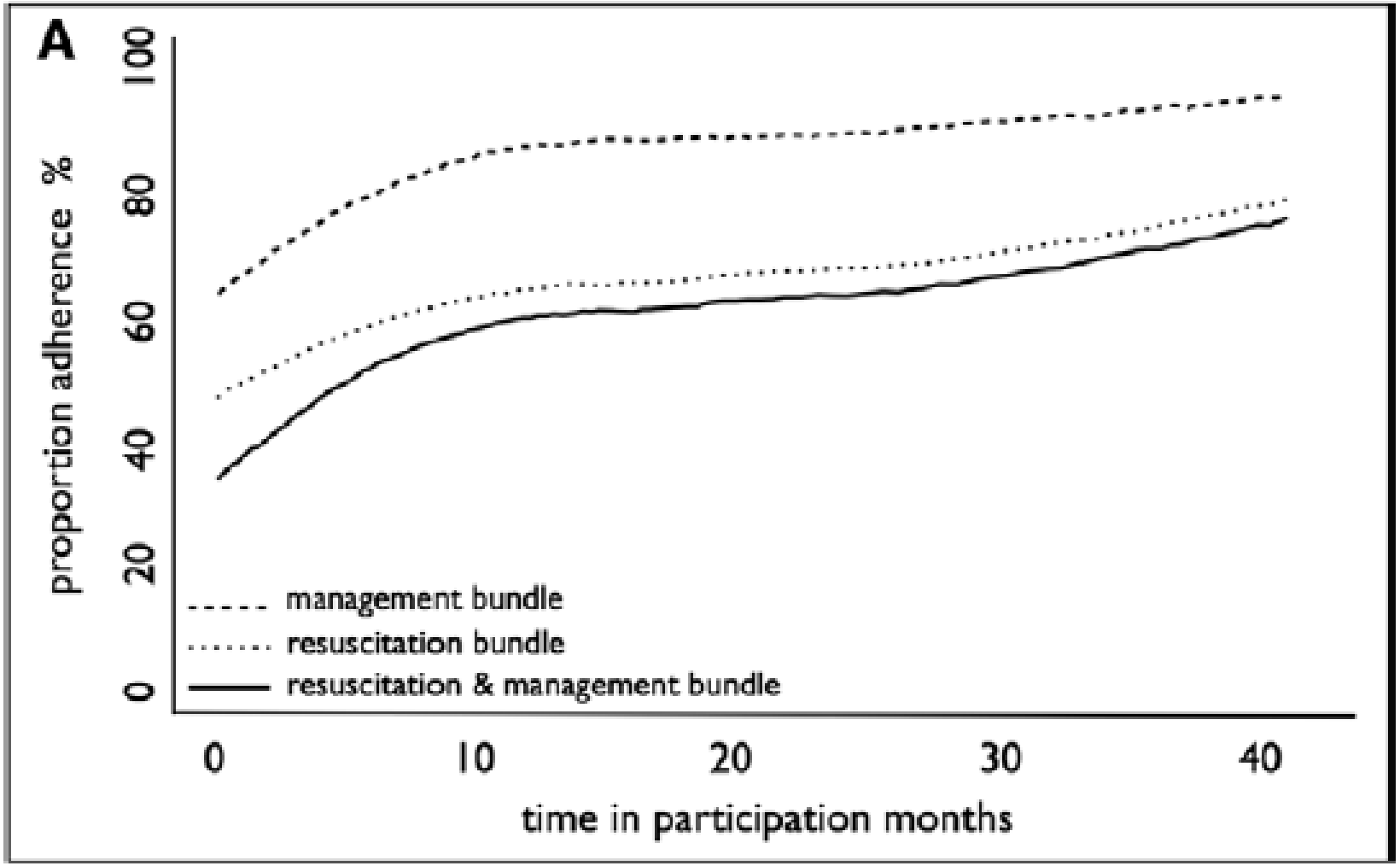
TABLE 2. Target Mortality Rate and Odds Ratio of In-Hospital Mortality per Participation Month[a] Over Study Time and Effect on Absolute Mortality Rate in Participating and Nonparticipating ICUs

	Patients at Risk	Mortality Rate in First Quarter of Study Period/Participation Period (%)	Odds Ratio[a] (95% CI) of Mortality per Month of Study Period/Participation Period	Absolute Mortality Rate Change Over 3.5 Yr (%)
All patients[a]	213,667	13.0	0.995 (0.994–0.997)	−1.8[b]
Nonparticipating ICUs				
All patients	115,602	13.0	0.999 (0.996–1.002)	−0.4
Patients without diagnosis severe sepsis or septic shock	107,571	11.4	0.999 (0.996–1.002)	−0.3
Patients with severe sepsis or septic shock	8,031	33.8	0.997 (0.993–1.002)	−1.7
Participating ICUs				
All patients	98,065	13.1	0.995 (0.992–0.997)	−2.0[b]
All nonscreened patients	22,821	13.0	1.004 (0.996–1.013)	1.2
All screened patients	75,244	13.1	0.994 (0.991–0.998)	−2.3[b]
Screened patients without diagnosis severe sepsis or septic shock	66,857	10.0	0.995 (0.9906–0.9996)	−1.9[b]
Screened patients with severe sepsis or septic shock	8,387	31.1	0.992 (0.986–0.997)	−5.8[b]

Guideline Bundles Adherence and Mortality in Severe Sepsis and Septic Shock

Arthur R. H. van Zanten, MD, PhD[1]; Sylvia Brinkman, PhD[2,3]; M. Sesmu Arbous, MD, PhD[2,4]; Ameen Abu-Hanna, PhD[3]; Mitchell M. Levy, MD[5]; Nicolette F. de Keizer, PhD[2,3]; for The Netherlands Patient Safety Agency Sepsis Expert Group



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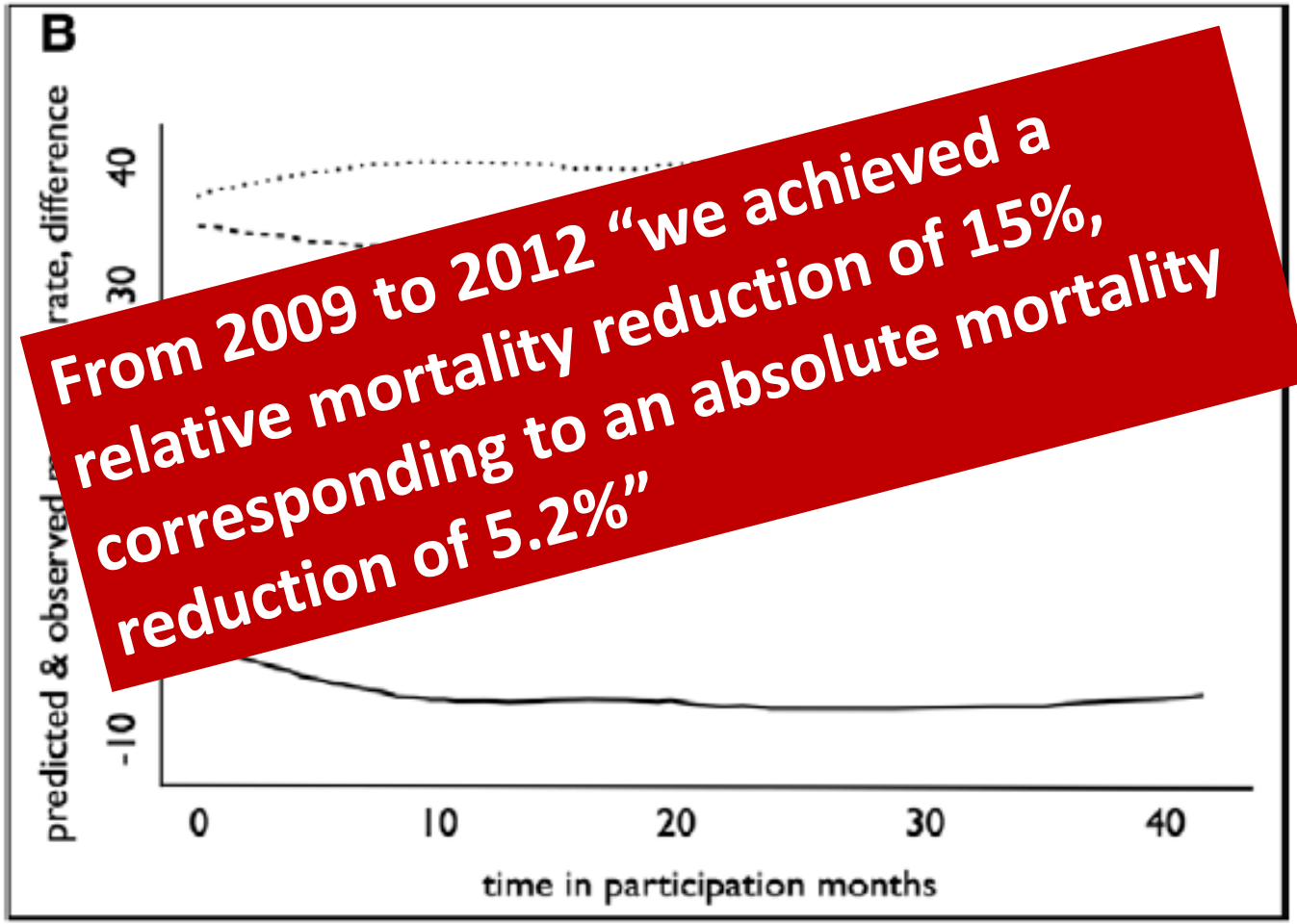


From 2009 to 2012 "we achieved a relative mortality reduction of 15%, corresponding to an absolute mortality reduction of 5.2%"

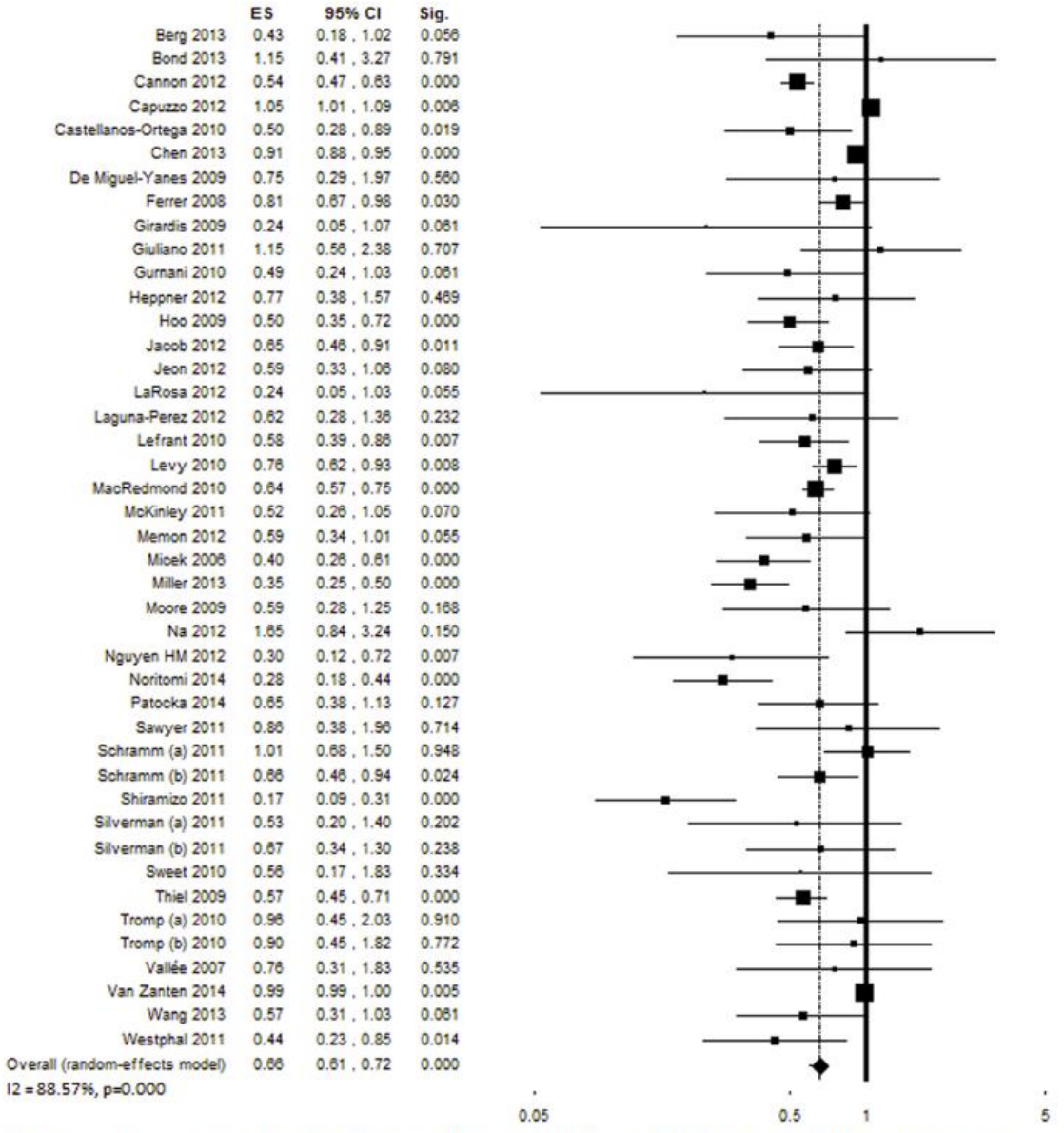


Fig 7. Forest plot showing individual and overall ES of studies that evaluated changes in mortality following the implementation of the

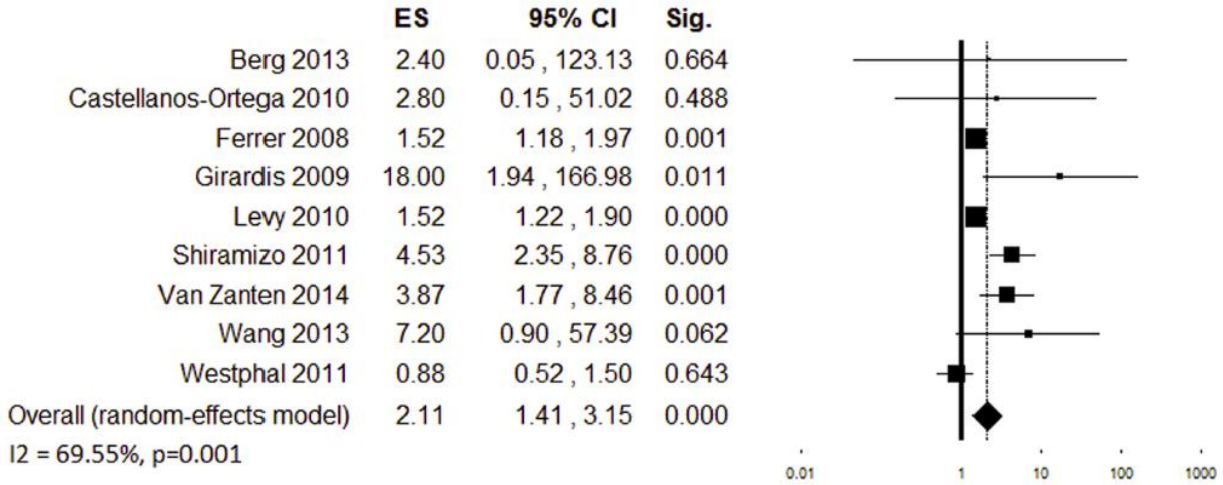


Fig 5. Forest plot showing individual and overall ES of studies that evaluated changes in compliance with the complete 24-hour bundle following the implementation of the performance improvement program (k = 11). The size of the boxes is inversely proportional to the size of the result study

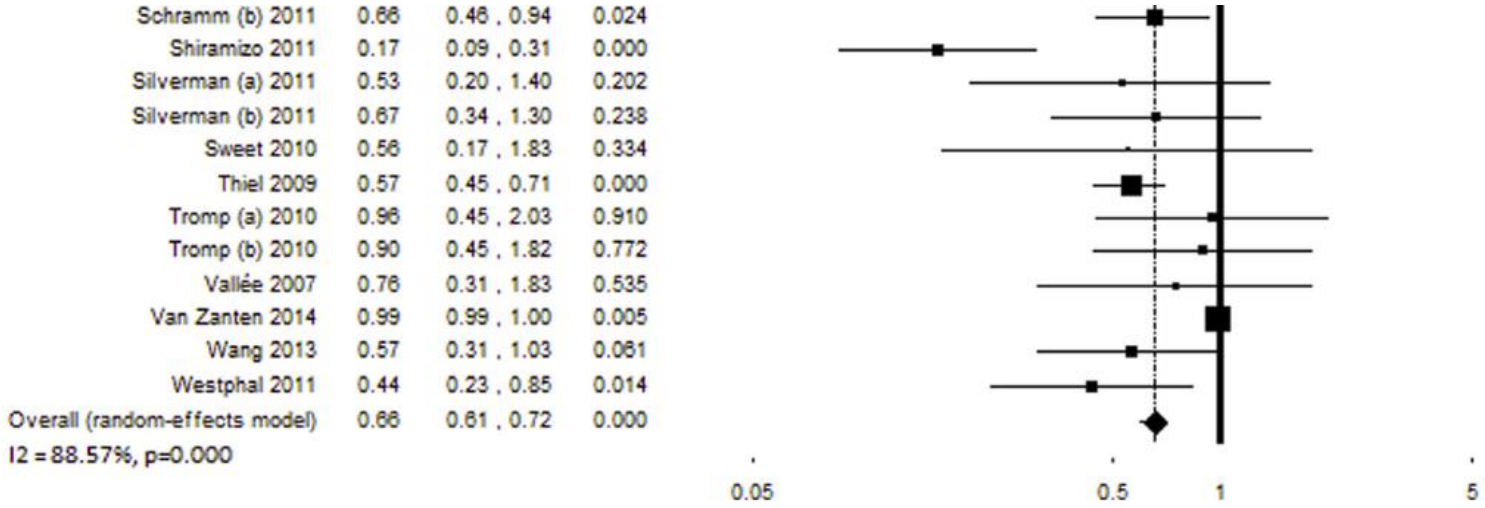
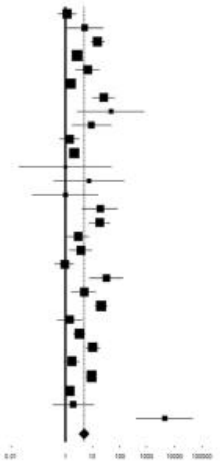


Fig 7. Forest plot showing individual and overall ES of studies that evaluated changes in mortality following the implementation of the performance improvement program (k = 48). The size of the boxes is inversely proportional to the size of the result study variance, so that more precise

(A) Measure Lactate

	ES	95% CI	Sig.
Berg 2013	1.19	0.54 , 2.61	0.666
Bond 2013	5.25	1.07 , 25.66	0.041
Castellanos-Ortega 2010	16.00	8.80 , 29.09	0.000
Chen 2013	2.85	2.62 , 3.10	0.000
De Miguel-Yanes 2009	6.67	2.42 , 18.42	0.000
Ferrer 2008	1.57	1.32 , 1.87	0.000
Heppner 2012	25.90	9.64 , 69.55	0.000
Kuan 2013	48.09	2.86 , 808.68	0.007
LaRosa 2012	9.60	1.84 , 50.01	0.007
Laguna-Perez 2012	1.44	0.63 , 3.28	0.388
Lefrant 2010	2.10	1.40 , 3.15	0.000
Levy 2010	1.00	0.02 , 50.40	1.000
MacRedmond 2010	7.61	0.38 , 152.66	0.185
McKinley 2011	1.02	0.06 , 16.53	0.989
Memon 2012	18.99	4.27 , 84.44	0.000
Micek 2006	18.08	7.24 , 45.16	0.000
Na 2012	2.93	1.07 , 8.03	0.037
Nguyen HB 2007	3.81	1.47 , 9.91	0.006
Nguyen HM 2012	0.94	0.41 , 2.16	0.880
Noritomi 2014	32.57	7.82 , 135.72	0.000
Palleschi 2013	4.86	1.73 , 13.66	0.003
Patocka 2014	21.19	12.26 , 36.60	0.000
Plambech 2012	1.56	0.53 , 4.59	0.423
Schramm (a) 2011	3.38	2.06 , 5.56	0.000
Schramm (b) 2011	10.53	5.68 , 19.54	0.000
Shiramizo 2011	1.78	0.93 , 3.38	0.079
Tromp (a) 2010	9.51	6.04 , 14.97	0.000
Tromp (b) 2010	1.45	0.96 , 2.20	0.075
Van Zanten 2014	2.04	0.36 , 11.41	0.419
Wang 2013	4427.50	394.59 , 49678.79	0.000
Overall (random-effects model)	4.91	3.51 , 6.86	0.000

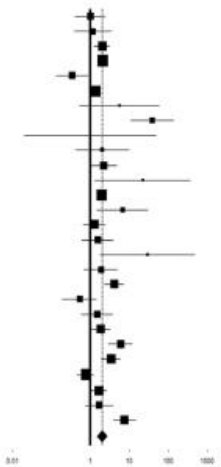
I2 = 90.47%, p=0.000



(B) Blood cultures

	ES	95% CI	Sig.
Berg 2013	1.02	0.41 , 2.49	0.973
Bond 2013	1.17	0.39 , 3.51	0.780
Castellanos-Ortega 2010	2.01	1.27 , 3.18	0.003
Chen 2013	2.10	2.00 , 2.21	0.000
De Miguel-Yanes 2009	0.35	0.13 , 0.89	0.029
Ferrer 2008	1.39	1.17 , 1.65	0.000
Girardis 2009	5.70	0.52 , 62.16	0.153
Heppner 2012	39.63	11.05 , 142.22	0.000
Kuan 2013	1.00	0.02 , 50.89	1.000
LaRosa 2012	2.07	0.42 , 10.23	0.374
Laguna-Perez 2012	2.20	0.99 , 4.88	0.053
Lefrant 2010	22.58	1.32 , 385.58	0.031
Levy 2010	1.97	1.58 , 2.47	0.000
McKinley 2011	6.80	1.48 , 31.20	0.014
Memon 2012	1.28	0.65 , 2.52	0.470
Micek 2006	1.57	0.61 , 4.00	0.348
Na 2012	30.07	1.80 , 502.51	0.018
Nguyen HM 2012	1.87	0.68 , 5.19	0.226
Noritomi 2014	4.17	2.33 , 7.46	0.000
Palleschi 2013	0.54	0.19 , 1.49	0.233
Plambech 2012	1.51	0.58 , 3.89	0.396
Schramm (a) 2011	1.85	1.04 , 3.32	0.036
Schramm (b) 2011	5.93	2.87 , 12.24	0.000
Shiramizo 2011	3.38	1.92 , 5.96	0.000
Tromp (a) 2010	0.75	0.45 , 1.23	0.255
Tromp (b) 2010	1.68	1.05 , 2.68	0.029
Van Zanten 2014	1.73	0.75 , 4.04	0.202
Wang 2013	7.79	3.95 , 15.36	0.000
Overall (random-effects model)	2.05	1.66 , 2.53	0.000

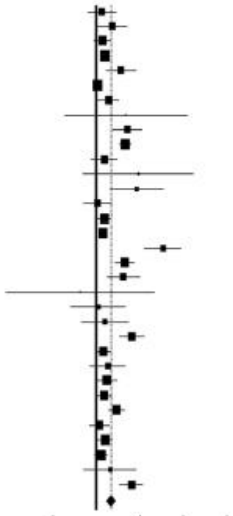
I2 = 78.48%, p=0.000



(C) Antibiotics

	ES	95% CI	Sig.
Berg 2013	1.38	0.69 , 3.00	0.422
Bond 2013	2.41	1.09 , 5.33	0.031
Castellanos-Ortega 2010	1.43	0.89 , 2.19	0.143
Chen 2013	1.58	1.52 , 1.65	0.000
De Miguel-Yanes 2009	3.77	1.66 , 8.55	0.001
Ferrer 2008	1.11	0.93 , 1.33	0.239
Francis 2010	1.89	1.03 , 3.47	0.040
Girardis 2009	4.92	0.19 , 130.36	0.341
Heppner 2012	5.31	2.45 , 11.51	0.000
Jacob 2012	4.71	3.35 , 6.62	0.000
Jeon 2012	1.56	0.76 , 3.19	0.228
Kuan 2013	9.37	0.50 , 176.43	0.135
LaRosa 2012	8.74	2.09 , 36.59	0.003
Laguna-Perez 2012	1.09	0.51 , 2.34	0.816
Lefrant 2010	1.83	1.06 , 3.03	0.026
Levy 2010	1.39	1.14 , 1.70	0.001
McKinley 2011	34.78	12.99 , 93.13	0.000
Memon 2012	4.71	2.80 , 7.90	0.000
Micek 2006	4.33	1.75 , 10.72	0.002
Na 2012	0.43	0.01 , 22.04	0.676
Nguyen HB 2007	1.12	0.26 , 4.84	0.879
Nguyen HM 2012	1.61	0.45 , 5.72	0.462
Noritomi 2014	6.72	3.41 , 13.24	0.000
Patocka 2014	1.47	0.96 , 2.23	0.075
Plambech 2012	1.95	0.70 , 4.85	0.212
Sawyer 2011	1.80	1.04 , 3.13	0.037
Schramm (a) 2011	1.52	1.00 , 2.33	0.052
Schramm (b) 2011	2.97	1.92 , 4.59	0.000
Shiramizo 2011	1.20	0.70 , 2.07	0.510
Tromp (a) 2010	1.64	1.11 , 2.44	0.013
Tromp (b) 2010	1.28	0.91 , 1.81	0.151
Van Zanten 2014	2.09	0.51 , 8.59	0.306
Wang 2013	6.52	3.43 , 12.40	0.000
Overall (random-effects model)	2.21	1.85 , 2.66	0.000

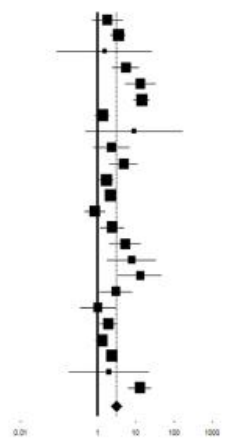
I2 = 82.76%, p=0.000



(D) Fluid resuscitation

	ES	95% CI	Sig.
Bond 2013	1.87	0.75 , 4.66	0.176
Castellanos-Ortega 2010	3.55	2.18 , 5.80	0.000
Girardis 2009	1.58	0.09 , 27.77	0.753
Gumani 2010	5.72	2.58 , 12.68	0.000
Heppner 2012	13.68	5.32 , 35.18	0.000
Jacob 2012	14.96	9.10 , 24.61	0.000
Jeon 2012	1.38	0.89 , 2.15	0.147
Kuan 2013	9.37	0.50 , 176.43	0.135
LaRosa 2012	2.40	0.81 , 7.13	0.115
Laguna-Perez 2012	4.98	2.11 , 11.73	0.000
Lefrant 2010	1.79	1.15 , 2.78	0.010
Levy 2010	2.25	1.81 , 2.81	0.000
McKinley 2011	0.88	0.47 , 1.65	0.686
Memon 2012	2.54	1.23 , 5.23	0.011
Micek 2006	5.41	2.11 , 13.85	0.000
Na 2012	8.11	1.87 , 35.28	0.005
Nguyen HB 2007	13.12	3.47 , 49.64	0.000
Nguyen HM 2012	3.21	1.19 , 8.71	0.022
Plambech 2012	1.05	0.36 , 3.09	0.929
Sawyer 2011	1.98	1.15 , 3.43	0.014
Schramm (a) 2011	1.34	0.95 , 1.89	0.093
Schramm (b) 2011	2.40	1.73 , 3.33	0.000
Van Zanten 2014	2.02	0.18 , 22.65	0.569
Wang 2013	13.16	6.57 , 26.36	0.000
Overall (random-effects model)	3.22	2.33 , 4.46	0.000

I2 = 83.75%, p=0.000



Clinical Review & Education

Special Communication | CARING FOR THE CRITICALLY ILL PATIENT

The Third International Consensus Definitions for Sepsis and Septic Shock (Sepsis-3)

Mervyn Singer, MD, FRCP; Clifford S. Deutschman, MD, MS; Christopher Warren Seymour, MD, MSc; Manu Shankar-Hari, MSc, MD, FFICM; Djillali Annane, MD, PhD; Michael Bauer, MD; Rinaldo Bellomo, MD; Gordon R. Bernard, MD; Jean-Daniel Chiche, MD, PhD; Craig M. Coopersmith, MD; Richard S. Hotchkiss, MD; Mitchell M. Levy, MD; John C. Marshall, MD; Greg S. Martin, MD, MSc; Steven M. Opal, MD; Gordon D. Rubenfeld, MD, MS; Tom van der Poll, MD, PhD; Jean-Louis Vincent, MD, PhD; Derek C. Angus, MD, MPH

"Sepsis is the primary cause of death from infection,especially if not recognized and treated promptly.Its recognition mandates urgent attention "

Sepsis is a life-threatening condition that arises when the body's response to an infection injures its own tissues and organs

Title
Date
Slide

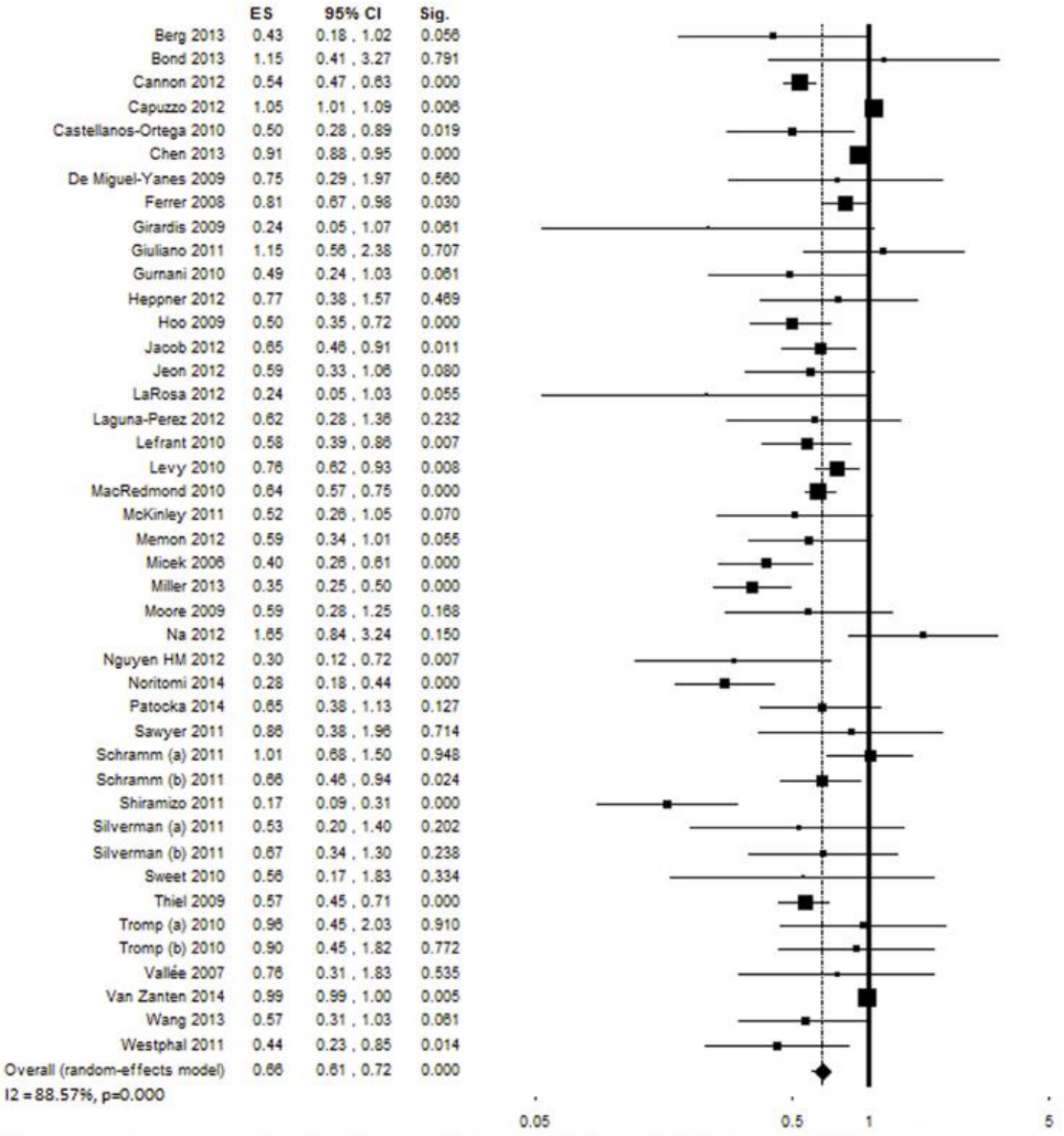


Fig 7. Forest plot showing individual and overall ES of studies that evaluated changes in mortality following the implementation of the

September 13 2016 World Sepsis Day